

REYNOLDS
ORAL & FACIAL
SURGERY



**INSTRUCTION FOR LONG TERM CARE OF
MINI IMPLANT (3M/IMTEC) OR ZEST/LOCATOR SUPPORTED
DENTURES
AND
IMPLANT ABUTMENTS**

1. Take prosthesis (denture) out after every meal, rinse off and then replace.
2. Each night take prosthesis out and brush the inside (surface that contacts your skin) and the outside (tooth side) with denture paste and a denture toothbrush taking care not to disturb any soft reline material that may be on the denture. Brush your tongue & gums, brush the implants gently but thoroughly with a **soft** bristle toothbrush. Or a ultrasonic brush with **soft** bristles.
3. In most cases after the first week after surgery (post operative day 7 and there after) the prosthesis should stay out 8 hours per day (usually at night while you sleep).
4. When the prosthesis is out, place the prosthesis in its container with water so that it covers the prosthesis.
5. Do **not** use denture cleaner every night. Use denture cleaner only once a week.
6. Be very cautious with denture cleansers on dentures with soft reline material or implant buttons. Use denture cleaners for only one hour.
7. The best way to clean your denture is 1 CUP of water with 1 Tbs of white vinegar. The chemicals in the cleaner will break down the o-rings or the plastic inserts inside the buttons softening them and making them not work so **DO NOT SOAK DENTURES OVER NIGHT IN SOLUTIONS**. After using the denture cleaner or vinegar & water, rinse off the denture thoroughly.