

Day of Procedure

1. Keep the area clean and covered with Aquaphor.

Post-Op Day 1

1. Shower daily. (Avoid harsh soaps) Apply a thin coat of Aquaphor® ointment to the entire area.
2. Take the Decadron dose pack, antibiotics, and antivirals as prescribed.
3. Remove Aquaphor and built-up debris by applying gauze and removing without wiping (just put on , pat down, and peel off gently).
4. After washing re-apply Aquaphor® immediately. Never let the area completely dry out.
5. Follow-up visit at office.

Post-Op Day 2

1. Gentle washing of the face with a mild cleanser should be done 2 times a day. (use unscented, dye free, soap and cleanser) such as Dove.
2. Do not let crusting build up. Wash face to gently remove blood, scabs & sloughing skin. Use sterile gauze to remove aquaphor as stated before. Don't rub. Don't pick or peel.

Post-Op Days 5 to 7 and 11 to 14

1. Follow-up @ office
2. In 7-14 days the skin will re-epithelialize (get a new layer of skin). After that, continue with gentle cleansing 2 times a day (use Obagi Nuderm System or use an unscented, dye free cleanser). Use total sunblock and stay out of the sun. Use a high quality unscented, dye free, facial moisturizer (such as Obagi Action or Aveeno Daily Moisturizing lotion). Make-up can be worn. Tretinoin (Retin-A) can be restarted

- **No smoking. Avoid second hand smoke.**
- **Drink Plenty of water**
- **Stay out of the sun**