

POST OPERATIVE INSTRUCTIONS
DISTRACTION OSTEOGENESIS

*If any of these symptoms seem excessive, contact the office.
Office Phone Answered 24 hours daily*

- 1. Do not turn distractor until told to do so.**
- 2. Follow-up in 5 days for start of distraction.**
- 3. Turn “activator” with “activation key” one full turn 3 times each day.
(Direction is marked on key)**
- 4. On day _____ reverse the turns for one day then resume normal rotations the next day.**

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