

## POST OPERATIVE INSTRUCTIONS OTOPLASTY (EAR SURGERY)

*If any of these symptoms seem excessive, contact the office.  
Office Phone Answered 24 hours daily*

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1. After surgery the ear will be covered with a bulky pressure dressing for 48 hours. Do not get the dressing wet for 48 hours. Some surgical discomfort can be expected and is usually controlled with medication. In rare cases, discomfort may be prolonged for several weeks. If surgery is done in a hospital, a stay of a few days may be required.
2. In a few days the bulky dressing will usually be removed, after which a light head dressing will be required for several weeks. An antibiotic ointment must be applied to the light dressing. The area may exhibit some swelling and bruising.
3. In some cases, as a result of the new ear position, the fold in the ear may appear more prominent.
4. Patients, particularly children, should refrain from excessive or strenuous physical activity such as lifting, heavy labor, swimming or sports activity for several weeks.

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