

If any of these symptoms seem excessive, contact the office.  
Office Phone Answered 24 hours daily

---

1. Follow the Obagi home care cosmetic regiment for 6 weeks with tretinoin (retin-A) at least on the standard dose regiment or higher. If you are not using Obagi start Hydroquinone and Retin-A @ least 2 weeks prior to surgery.
2. No smoking for 6 weeks prior to the procedure.
3. Only moderate alcohol use (2 glasses per 24 hours) just before the procedure.
4. Follow Pre-Op anesthesia instructions.
5. Start Pre-Op Valtrex 1 day prior to the procedure.
6. Start Cephalexin or other prescribed antibiotic as directed prior to the procedure.
7. Cleanse face and hair with phisohex or other antibiotic soap the morning before the procedure.
8. Wear no make-up or jewelry on the day of the procedure.
9. Use no moisturizer or any cosmetic of any type the morning of the procedure.
10. Wear loose fitting clothes without a high collar.
11. Do not use hair spray or gels on the day of the procedure.

If any of these symptoms seem excessive, contact the office.  
Office Phone Answered 24 hours daily

---

1. Follow the Obagi home care cosmetic regiment for 6 weeks with tretinoin (retin-A) at least on the standard dose regiment or higher. If you are not using Obagi start Hydroquinone and Retin-A @ least 2 weeks prior to surgery.
  2. No smoking for 6 weeks prior to the procedure.
  3. Only moderate alcohol use (2 glasses per 24 hours) just before the procedure.
  4. Follow Pre-Op anesthesia instructions.
  5. Start Pre-Op Valtrex 1 day prior to the procedure.
  6. Start Cephalexin or other prescribed antibiotic as directed prior to the procedure.
  7. Cleanse face and hair with phisohex or other antibiotic soap the morning before the procedure.
  8. Wear no make-up or jewelry on the day of the procedure.
  9. Use no moisturizer or any cosmetic of any type the morning of the procedure.
  10. Wear loose fitting clothes without a high collar.
  11. Do not use hair spray or gels on the day of the procedure.
-